

# Penn State EXTENSION

AGRICULTURE | COMMUNITY & FAMILY | ENVIRONMENT

## May Program Opportunities

Following is a list of programs being promoted through *Penn State Cooperative Extension in Pike County*. Details on these programs are listed on pages 2—4.

- |      |                                                                                                             |      |                                                                           |
|------|-------------------------------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------|
| 5/1  | Pike County Master Gardeners Spring Workshop                                                                | 5/17 | ServSafe Food Certification or Recertification Course in Pike County      |
| 5/3  | <a href="#">Registration (Reg.) deadline for 5/15 4-H Forestry Field Day</a>                                | 5/17 | Understanding PA Local Government                                         |
| 5/3  | Native Plants webinar                                                                                       | 5/19 | Emerald Ash Borer webinar                                                 |
| 5/3  | "On Broadway" Dingmans Cloverbud 4-H Club meeting                                                           | 5/19 | 4-H Paw Partners Seeing Eye Puppy Raising Club meeting                    |
| 5/3  | Childcare Provider Training                                                                                 | 5/20 | Natural Gas webinar                                                       |
| 5/4  | Positive Parenting (1st of 4 sessions)                                                                      | 5/21 | 4-H Rock Ridge Ranchers Club meeting                                      |
| 5/5  | Quit Smoking Course begins                                                                                  | 5/21 | Learning with Nature workshop: Creating and Using Outdoor Classrooms      |
| 5/5  | 4-H Paw Partners Seeing Eye Puppy Raising Club meeting                                                      | 5/22 | Camp Counselor Training                                                   |
| 5/6  | Pesticide Applicator Certification Exams                                                                    | 5/24 | <a href="#">Reg. deadline for 5/27 Childcare Provider Training</a>        |
| 5/7  | <a href="#">Reg. deadline for 5/17 ServSafe Food Certification or Recertification Course in Pike County</a> | 5/25 | <a href="#">Reg. deadline for Positive Parenting course beginning 6/1</a> |
| 5/8  | 4-H Rough Riders Horse Club meeting                                                                         | 5/25 | <a href="#">Reg. deadline for Quit Smoking course beginning 6/2</a>       |
| 5/10 | <a href="#">Reg. deadline for 5/13 Childcare Provider Training</a>                                          | 5/25 | Milford 4-H Bowmasters Club meeting                                       |
| 5/11 | Migration Madness: Identification of Pennsylvania Migrant Songbirds webinar                                 | 5/26 | Managing Your On-Lot Septic System webinar                                |
| 5/11 | Milford 4-H Bowmasters Club meeting                                                                         | 5/27 | Childcare Provider Training                                               |
| 5/12 | <a href="#">Reg. deadline for 5/17 Understanding PA Local Government</a>                                    | 5/28 | <a href="#">Reg. deadline for 6/1 Childcare Provider Training</a>         |
| 5/13 | Childcare Provider Training                                                                                 | 5/31 | Office closed for Memorial Day                                            |
| 5/15 | 4-H Forestry Field Day                                                                                      |      |                                                                           |
| 5/15 | Pike County Master Gardeners Plant Sale                                                                     |      |                                                                           |

**grow**  
YOUR HORIZONS

PENNSTATE



an OUTREACH Program of the College of Agricultural Sciences and  
Pike County Cooperative Extension

PENN STATE *Making Life Better*®

### Contact Us:

Penn State Cooperative Extension in Pike County  
514 Broad Street  
Milford, PA 18337  
Phone: 570-296-3400  
Email: [PikeExt@psu.edu](mailto:PikeExt@psu.edu)

<http://pike.extension.psu.edu>

Penn State encourages persons with disabilities to participate in its programs and activities. If you anticipate needing special accommodations or have questions about the physical access provided, please contact Sue Conrad at 570-296-3400 in advance of your participation or visit.

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**5/1—Pike County Master Gardeners Spring Workshop**, 9:00 AM - 12:00 PM, Milford Borough Building, 109 West Catharine Street, Milford. The cost is \$10.00 per person. Pre-registration, including payment, is required by April 29. Topics include: Heirloom Plants; Common Questions Homeowners Have About Pesticides; and Grow Your Own Vegetables. For a printable flyer go to <http://tinyurl.com/y1f58du>

**5/3—PA Forests webinar: Native Plants—12:00—1:00 PM and repeated 7:00—8:00 PM.** The PA Forests Web Seminar Center will be providing “live” web-based educational programs on Wildlife and the Plants They Love to Hate. Be part of the Green Movement. Start by enjoying the natural beauty and learn to recreate part of it in your own landscape. Be enchanted by the showiest of the native perennials and see which of these you can identify in your area. To participate in this free, live seminar you first must register at <http://rnnext.cas.psu.edu/PAForestWeb/> To view live and previously recorded seminars you will need a high-speed Internet connection and sound, but does not require any special software. Previous sessions may be viewed by going to <http://rnnext.cas.psu.edu/PAForestWeb/previousseminars.html>

**5/3—“On Broadway” Dingmans Cloverbud 4-H Club meeting**, 5:30 – 6:45 PM, “On Broadway” Dance Studio, Route 739, Dingmans Ferry. This club is open to children ages 5 to 7.

**5/3—Childcare Provider Training: Designing a Curriculum Around Children's Needs**, 6:00 – 8:00 PM, Pike County Administration Building, 506 Broad St, Milford. The cost is \$5.00 per person. This fee is non-refundable and non-transferable. Pre-registration, including payment, is required by April 30 29. Participants will begin to design curriculum based on observation and assessment of young children to support play and learning. Using current curriculum, participants will create an environment and activities to support the group's learning. Participants will also learn how to link assessment to curriculum development. For a printable flyer go to <http://tinyurl.com/y8vehn8> Pre-registration is required on the PAKeys website [http://www.pakeys.org/private/login\\_temp.asp](http://www.pakeys.org/private/login_temp.asp) 5 days prior to the event, but you are not fully registered until payment is received.

**5/4, 11, 18, 25 —Positive Parenting**, 6:00 – 8:00 PM, Pike County Cooperative Extension office, 514 Broad St, Milford. Cost is \$20/ person or \$30/couple. Class size is limited to 8 people. Pre-registration, including payment, is required. If a minimum number do not pre-register, the program will be canceled. If you cannot attend these sessions, a new session will start on the first Tuesday of each month and will meet for 4 consecutive Tuesdays. This workshop for parents, parent educators, social service agencies, parenting organizations, schools, foster parents, churches, etc., will focus on respectful discipline practices, showing love while setting limits, parent-child communication, nurturing relationships and more. Incentives for those completing the course include gas cards and educational videos while supplies last. For more information and registration, call Penn State Cooperative Extension (570) 296-3400 or visit <http://tinyurl.com/ybv7qbf>

**5/5—Quit Smoking Course begins**, 6:00 – 7:00 PM; 514 Broad St., Milford. This is the first session of 5 sessions. The group will meet for 5 consecutive Wednesdays. Nicotine patches available while supplies last. Pre-registration is required by the 25<sup>th</sup> of the previous month. Individual counseling is available by appointment. Group sessions are available throughout Pike County (PA); call for scheduling. For a printable flyer, go to <http://tinyurl.com/ybum9cl> For more information contact the Pike County Tobacco-Free Coalition by phone at 570-296-3400, by fax at 570-296-3406, or send an e-mail message to [daa15@psu.edu](mailto:daa15@psu.edu)

**5/5—4-H Paw Partners Seeing Eye Puppy Raising Club Meeting**, 6:30 – 8:00 PM, Pike Co. Cooperative Extension office, 514 Broad St, Milford

**5/6—Pesticide Applicator Certification Examinations**, 8:30 AM – 12:00 PM, Monroe Co. Cooperative Extension office, 724 Phillips St, Suite 201, Stroudsburg. To register call the Monroe Co. Cooperative Extension office at (570) 421-6430. Any questions regarding the exams should be directed to Chris Santore at the PA Dept. of Agriculture at (570) 836-2181.

**5/6—4-H Milford Knitting Society Club meeting**, 4:00 – 5:00 PM, Pike County Cooperative Extension office, 514 Broad St Milford.

**5/8—4-H Rough Riders Horse Club Meeting**, 11:00 AM, Pocono Ranchlands, Bushkill

**5/11—PA Forests webinar: Migration Madness: Identification of Pennsylvania Migrant Songbirds—12:00—1:00 PM and repeated 7:00—8:00 PM.** The PA Forests Web Seminar Center will be providing “live” web-based educational programs on Wildlife and the Plants They Love to Hate. This webinar will cover the basics of bird identification and will provide information on the life history, ecology, and identification of many of the migrant songbirds that commonly breed in Pennsylvania forests. To participate in this free, live seminar you first must register at <http://rnnext.cas.psu.edu/PAForestWeb/>

**5/11—Milford 4-H Bowmasters 4-H Club Meeting**, 4:30 – 5:30 PM, Pike County Recreation Park-Cabin #1, Schocopee Rd., Milford.

**5/13—Childcare Provider Training: Nailing It! Age-Appropriate Practices**, 6:00 – 8:00 PM, Pike County Administration Building, 506 Broad St, Milford. The cost is \$5.00 per person. This fee is non-refundable and non-transferable. Pre-registration, including payment, is required by May 10. Nail down new techniques for working with youth. This session provides in-depth information on children's ages and stages, and how to use this information to enhance the delivery of age appropriate activities for youth attending afterschool programs. See May 3 for registration details. For a printable flyer go to <http://tinyurl.com/y8vehn8>

**5/15—4-H Forestry Field Day**, 9:45 AM - 3:00 PM, Laurel Haven Conservation Education Center, Julian, PA. This event is open to all 4-Hers who have taken, or are planning to undertake any 4-H forestry project. The event has two options. There is an "Exploratory Tract" for younger 4-Hers (ages 8-11) and a "Competitive Tract" for older youth (ages 12-18). All adults and 4-H volunteers are welcome to attend. There is no fee for this event, but all youth and adults planning to attend should sign up through Pike County Cooperative Extension (296-3400) by May 3rd. Participants must bring their own sack lunch and drink, and everyone is encouraged to dress for field conditions

**5/15—Pike County Master Gardeners Plant Sale**, 9:00 AM - 12:00 PM, Penn State Cooperative Extension porch, 514 Broad Street, Milford.

**5/17 & 24—ServSafe Food Certification or Recertification Course**, May 17 from 9:00 AM to 1:00 PM & May 24 from 9:00 to 2:00 PM at the PPL Environmental Learning Center, 126 PPL Drive, Hawley. The cost of the workshop is \$175.00 per person (includes textbook, NRA exam & lunch on the 2<sup>nd</sup> day only) for certification; \$140 for recertification (includes textbook, no exam) or \$100 (with no text or exam). Examinations will be at the end of the 2<sup>nd</sup> class. Participants must attend both classes. Pre-registration is required by May 7. For more information contact Penn State Cooperative Extension in Monroe County by phone at 570-421-6430, by fax at 570-424-1984, or send an e-mail message to [MonroeExt@psu.edu](mailto:MonroeExt@psu.edu). For a printable brochure go to <http://tinyurl.com/ye4jlet>

**5/17—Understanding PA Local Government**, 7:00 - 9:00 PM, PPL Environmental Learning Center, 126 PPL Drive, Hawley, PA. The cost is \$5.00 per person. Pre-registration, including payment, is required by May 12. This program is designed to provide residents with a better understanding of the process by which local township supervisors and borough council members make decisions about land use changes and issues. Several local government planning tools such as comprehensive plans, subdivision and land development ordinances and zoning ordinances will also be discussed. For a printable flyer go to <http://tinyurl.com/y98f8sk>

**5/19—Emerald Ash Borer (EAB) webinar**—Cornell University Cooperative Extension's ForestConnect Webinar on "Effectively Communicating the Emerald Ash Borer (EAB) Message through Media Outreach" will be offered at 12 noon and 7 PM, lasting about an hour. This webinar is especially relevant to Extension educators, natural resource professionals, and invasive species team leaders. The communication of clear, accurate, and consistent messages about Emerald Ash Borer is a critical component of an effective EAB outreach program. With an emphasis on EAB preparedness and community action, Webinar participants will be provided with tips and tools to more effectively use media outreach to deliver these messages to the public. Topics covered will include: message development, an overview of journalism, strategies for media engagement, and tips for more successful interviews. Anyone who has not previously registered [you only need to register once] can complete the registration via the WEBINARS link at [www.ForestConnect.info](http://www.ForestConnect.info) Registration is quick and without cost. Registration ensures you receive notice of the specific link to participate, first come first served, in each monthly webinar.

**5/19—4-H Paw Partners Seeing Eye Puppy Raising Club Meeting**, 6:30 – 8:00 PM, Pike Co. Cooperative Extension office, 514 Broad St, Milford

**5/20—Natural Gas webinar: If We Knew Then What We Know Now...A Decade of Lessons Learned from Urban Drilling in Fort Worth**, 1:00 – 2:00 PM. The Natural Gas Web Seminar Center is providing this "live" web-based educational program and materials for extension educators, federal and state agency representatives, and interested citizens. Register for each webinar online at <http://naturalgas.extension.psu.edu/Events.htm> Shortly before the webinar date, registrants will receive an e-mail from Penn State Cooperative Extension with additional information about how to connect online. To view live and previously recorded seminars you will need a high-speed Internet connection and sound, but does not require any special software. Previous sessions may be viewed by going to <http://naturalgas.extension.psu.edu/webinars.htm>

**5/20—4-H Milford Knitting Society Club meeting**, 4:00 – 5:00 PM, Pike County Cooperative Extension office, 514 Broad St Milford.

**5/21—Learning with Nature workshop: Creating and Using Outdoor Classrooms**, 8:30 AM – 12:30 PM, 2010 Kostos Bldg: K-101 & K-106 Penn State Hazleton Campus Hazleton. Cost: \$15/person. The first 10 organizations/schools to register will receive a FREE copy of "Learning with Nature Idea Book" (a \$20 value). Registration Deadline is May 10, 2010. For More Information Contact Penn State Cooperative Extension (570) 825-1701 or [vc1@psu.edu](mailto:vc1@psu.edu) For a printable brochure, go to <http://tinyurl.com/y3thfgu>

**5/21—Rock Ridge Ranchers 4-H Club Meeting**, 6:30 – 8:00 PM, Rock Ridge Ranch, Route 739, Dingmans Ferry.

**5/22—Camp Counselor Training**, 10:00 AM – 4:00 PM, Penn State Worthington Scranton Campus, 120 Ridge View Drive, Dunmore PA 18512. Due to a large number of candidates for camp counselor there will be a selection process this year. herefore, in order to be a counselor or counselor-in-training (CIT), you must attend 2 of the 3 Camp Counselor Trainings scheduled. The June-Blooming Grove Training will be mandatory. Candidates must also complete or have completed 18 hours of training related to duties similar to those of camp counselor. Counselors and CITs will also be required to complete the ACA Camp is for The Camper e-Institute on-line. This will count towards your 18 hours of training. The following training opportunities have been scheduled to prepare you for the up-coming camp season: Sat., April 24, 2010 Penn State Worthington Campus, 10:00 AM-4:00 PM; Sat., May 22, 2010 at the Penn State Worthington Campus, 10:00 AM-4:00 PM; Wed., June 30, 2010 (mandatory) at the Blooming Grove Fire Hall, 9:30 AM-3:30 PM. For more information, call 570-296-3400.

**5/25—Registration deadline for Positive Parenting course beginning June 1.** Times, location and cost are the same as the course beginning May 4. For a printable brochure go to <http://tinyurl.com/ybv7qbf> Call 570-296-3400 for additional details.

**5/25—Registration deadline for Quit Smoking course beginning June 2.** Times, location and cost are the same as the course beginning May 5. For a printable brochure go to <http://tinyurl.com/ybv7qbf> Call 570-296-3400 for additional details.

**5/25—Milford 4-H Bowmasters 4-H Club Meeting**, 4:30 – 5:30 PM, Pike County Recreation Park-Cabin #1, Schocopee Rd., Milford.

**5/26—Water webinar: Managing Your On-Lot Septic System**, 12:00—1:00 PM; repeated 7:00—8:00 PM. This webinar will focus on proper strategies to locate, construct, and maintain a home septic system to prevent costly failures. In order to participate you first must register at <http://water.cas.psu.edu/webinars.htm> To view live and previously recorded seminars you will need a high-speed Internet connection and sound, but does not require any special software. Previous sessions may be viewed by going to <http://water.cas.psu.edu/webinars.htm> - a link to the recorded version will be listed next to the topic.

5/27—Childcare Provider Training: On the Level ... Positive Guidance and Discipline, 6:00 – 8:00 PM, Pike County Administration Building, 506 Broad St, Milford. The cost is \$5.00 per person. This fee is non-refundable and non-transferable. Pre-registration, including payment, is required by May 24. Don't short circuit when young people misbehave; learn why they misbehave and build a toolbox of guidance and discipline techniques. Hands-on, interactive activities will be used to develop a matrix of guidance and discipline practices that will serve as your plan for success. See May 3 for registration details. For a printable flyer go to <http://tinyurl.com/y8vehn8>

5/28—Registration deadline for 6/1 Childcare Provider Training: Dealing with Difficult Staff or Parent Situations. The cost is \$5.00 per person. This fee is non-refundable and non-transferable. Difficult situations can arise with co-workers and/or parents. Participants will explore what to do when conflicts occur and learn how to implement Solution-Focused Problem Solving. For a printable flyer go to <http://tinyurl.com/y8vehn8>

## Facebook

We have started a facebook page—check us out at

<http://www.facebook.com/group.php?gid=364504984360>



## Blogs

Below is a list of blogs posted by our staff and volunteers. Each blog has a place where you can subscribe to them directly, either by RSS Feed or by e-mail. Why not check them out?



Penn State Cooperative Extension in Pike Co., PA Calendar Blog

<http://pikeextensioncalendar.blogspot.com/>

“Up to the minute” program information, including registration deadlines and cancellations; updated weekly (sometimes more often).

Pike County PA Master Gardeners blog where helpful gardening tips will be posted frequently. Go to: <http://pikemgs.blogspot.com/>



D.E.W. (Drop Everything and Walk)

<http://pikedew.blogspot.com/>

D.E.W. 2010 started April 11, 2010. Lets keep in touch here with recipes that support a healthy lifestyle, and other D.E.W. tips, ideas, and stories.

Leadership Pike

<http://leadershippike.blogspot.com/>

This blog is a tool to help individuals develop and sharpen their leadership skills.



Parenting Perspectives

<http://positive-parents.blogspot.com/>

Calling all Parents: Come share your parenting experiences and/or questions. You can give and receive support on today's parenting topics.

Pike County Tobacco-Free Coalition Quit Blog

<http://pikepacessation.blogspot.com/>

Please visit this blog and share your helpful suggestions with others who are giving up smoking.



**Smoking Cessation Resources**  
Pennsylvania's Free Quitline  
**1-800-QUIT-NOW**  
**(1-800-784-8669)**

